**Practice Newsletter**

**NOV/DEC 2019**



**STRATFORD**

**HEALTH CENTRE**

  
If you have a pre-booked appointment and can’t make it, please give us plenty of notice

0208 555 3936

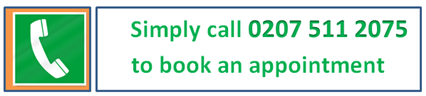
**OUT OF HOURS SERVICES**

***If you are unable to attend an appointment during our core hours, (8am to 6:30pm Monday to Friday) - we offer two ‘out of hours’ services to enable our Patients to access appointments in the evening and at the weekend.***

**EXTENDED HOURS SERVICE - appointments available at our Network Practice, Upton Lane Medical Centre**

**Wednesday 6:30pm to 9:30pm (GP and Healthcare Assistant available)**

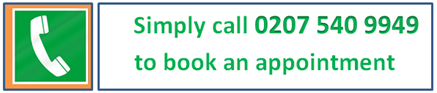
**Saturday 9:00am to 12:30pm (GP / Nurse and Healthcare Assistant available)**



**NEWHAM OUT OF HOURS SERVICE** **- appointments available at one of our Newham GP Hubs**

**Monday to Friday 6:30pm to 9:00pm**

**Saturday and Sunday 8:00am to 8:00pm**



[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwj1ktnLkOLlAhVJ1BoKHShoAmkQjRx6BAgBEAQ&url=https://www.newerametalrecycling.co.uk/out-of-hours-service/&psig=AOvVaw0pJUa4S73iEku2J7cMnTfn&ust=1573560664857417)

**DID YOU KNOW**



**The Practice will be closed during our Public Holidays**

* **Christmas Day, Wednesday 25th December 2019**
* **Boxing Day, Thursday 26th December 2019**
* **New Year’s Day, Wednesday 1st January 2020**

**PLEASE ENSURE PRESCRIPTION REQUESTS ARE WITH US BY WEDNESDAY 18th DECEMBER 2019 FOR MEDICATION REQUIRED BEFORE CHRISTMAS**

**EVENING AND WEEKEND GP, NURSE AND HEALTHCARE ASSISTANT APPOINTMENTS ARE AVAILABLE**





**ONLINE ACCESS IS AVAILABLE TO ALL PATIENTS**

**CAN BE DOWNLOADED TO YOUR SMARTPHONEE**

**All Patients can have on-line access.**

**A number of providers are available to register with and our Reception team can provide you with a unique password and registration details.**

**In addition, for smartphone users, the ‘My GP’ app provides a simple, fast and efficient way of accessing our services.**

**Please ask any of our Practice team for details.**

* **BOOK APPOINTMENTS**
* **ORDER PRESCRIPTIONS**
* **VIEW TEST RESULTS**
* **VIEW YOUR MEDICAL RECORD**

CE online access

Charity Support

Long term condition reviews

Minor Eye care services



**If you are aged between 40 and 74 and do not have a long-term condition, you are eligible for a Free NHS ‘Health Check’ - we are actively calling Patients to offer an appointment for a review.**

**If you would like an NHS healthcheck - please speak to our Reception Team**

we

We would like to wish all of our Patients a very happy Festive Season and very best wishes for 2020

Dr Anil Shah and the Stratford Health Centre team